



*If my people who are called by my name humble themselves, and pray and seek my face **and turn from their wicked ways**, then I will hear from heaven and will forgive their sin and heal their land. 2 Chron. 7:14*
www.nationaldayofrepentance.org

The National Day of Repentance and Solemn Assemblies Call for Fasting Nov. 30 - Dec. 2, 2021

On Wednesday, December 1, 2021, The Supreme Court will be hearing the Oral Argument in the Mississippi Ban on Late Term Abortion Case, Dobbs. The law will ban late term abortions after 15-weeks. This is the best opportunity since 1992 to see the reversal of Roe v. Wade and end legalized abortion in our country. We believe we should come together to pray the day before, the day of, and the day after Oral Argument. The final decision on this case will probably be announced by the Supreme Court in June 2022, so we must continue to pray even after this three-day event.

Here are some suggestions for fasting for The National Day of Repentance:

- We believe that God's people are at liberty to participate as the Spirit leads them.
- The type of fast is up to you, but please fast in response to the Call.
- Where the Spirit of the Lord is, there is Liberty!

First, do yourself no harm.

- If you have never gone on a fast before, normally do not start out by attempting a 40 day fast. A fast of even one meal or one day may be difficult for you. If you have a physical disability or sickness which might interfere with your fast, it's a good idea to talk first to a Christian doctor, concerning the advisability of a fast. Fasting is generally healthy.

Second, seek the Lord about your fast.

- Listen to the Holy Spirit, the Bible says the Holy Spirit will lead us into all truth. If you are coming to Washington, it might be wise to complete the fast before you begin the journey.
- There are a variety of fasts in the Bible, since the National Day of Repentance is coming up soon, on December 1st, 11 days from this writing, a 40 day fast prior to the event is not possible. *A weeklong fast would be possible, as well as a three day fast, a one day fast or a 40 hour fast.* Some suggested a 40 hour fast for a 40 hour event would be appropriate. It would also be reasonable to do a fast of one meal a day or two meals a day for the 12 days until the event.

The Esther fast - absolute fast with no food or water

- In the book of Esther, when a proclamation went out to kill all the Jews in the nation, Queen Esther called for all the Jews in her city to join her on a three day fast from all food and water. Before she went to see the king, uninvited, and thereby risking her life. As a result of her actions and the fasting, the Jews were spared, the wicked plan of Haman, the King's counselor, was exposed and he was put to death on the very gallows that he had built for the Jews.
- This was a fast without either food and water, which is an extreme fast, and should probably not be undertaken without medical advice.

The normal fast - no food, some fluids

- This is a fast like the one Moses or Jesus participated in, they were 40-day fasts. They were fasting without food, but not water or other fluid. The Bible says that after his fast Jesus hungered, it doesn't didn't say he was thirsty. For an event like the National Day of Repentance, a normal fast of seven days, or three days, or one day would certainly be appropriate.

The Daniel fast - no rich foods, wine or sweets

- In the book of Daniel, we see Daniel participating in a fast where he avoided meat, bread, and sweets for 21 days (I would add ice cream!) Daniel did, apparently, eat fruits and vegetables, and angels were released to speak mysteries to him. Again, it's not possible to go 21-days before this event but a 7-day Daniel fast, or a 12-day Daniel fast would certainly be appropriate.
- We are issuing a united call to fasting and prayer for a National Day of Repentance, we are sounding the alarm for the destruction we see coming on the land.
- Ultimately, each person must decide for themselves what type of fast they will perform and for how long, but the call has gone forth!

Please join us and fast!

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“Declare a holy fast; call a sacred assembly. Summon the elders and all who live in the land to the house of the LORD your God and cry out to the LORD. Alas for that day! For the day of the LORD is near; it will come like destruction from the Almighty.” Joel 1:14-15